
dance umbrella

Dress Code and Program Policies September 2022

Studio Etiquette

It is very important that students arrive **early** for classes, **properly dressed** and with **hair tied back** off the face. **Consistent attendance** is also extremely important so the class can progress together and not get slowed down reviewing material already covered. We ask you to please keep us informed regarding absences as students who miss too many unexcused classes may be asked to withdraw from the program, please contact our administrator at dance@confederationcentre.com if you know your student will be absent from class.

Dress Code

Please view the following dress requirements for students. Students must wear form fitting clothes to class for safety, loose clothing restricts our instructors from accurately assessing body alignment which may lead to improper technique or even injury, please dress appropriately for classes. Students who are not dressed appropriately may be asked to observe for their own safety. Warm-ups may be worn at the discretion of your instructor.

CREATIVE MOVEMENT:

- Bodysuit or close fitting t-shirt; tights, leggings, or jazz pants (tutus welcome)
- Bare feet, gymnastic slippers, ballet slippers (students wearing footed tights must wear ballet slippers to prevent slipping)
- ***Hair must be tied back off the face***

BALLET:

- Solid colour bodysuit (preferably black, but not required); ballet-pink tights
- Pink ballet slippers
- Hair must be tied back off the face, ***in a bun for Intermediate I and higher.***
- **Non-binary and male identifying** – close-fitting t-shirt; shorts or leggings, black/white/pink ballet slippers

JAZZ & DANCE FOR HEALTH:

- Bodysuit or close-fitting t-shirt; tights, leggings, shorts or jazz pants
- Gymnastics slippers, Jazz shoes, or bare feet.
- ***Hair must be tied back off the face***

MUSICAL THEATRE:

- Bodysuit or close-fitting t-shirt; tights, leggings, shorts or jazz pants
- Gymnastics slippers, or Jazz shoes (students are encouraged to have jazz shoes as they will need them for the end of term performances. We do have a limited supply available for loan during performances on a first-come first-served basis).
- ***Hair must be tied back off the face***
- ***Face masks are mandatory for the voice/drama portion of class. Masks which extend out from the face are preferable to allow for proper pronunciation and vocalization.***

CONTEMPORARY:

- Bodysuit or close-fitting t-shirt, leggings, or jazz pants
- Socks, bare feet, or foot undeez.
- ***Hair must be tied back off the face***

Social Media

Please join the ***dance umbrella*** Facebook page www.facebook.com/groups/789726345163856/ for the fastest notifications about storm cancellations, class updates, and exciting opportunities for your dancers! Please note that this page will not be monitored regularly for inquiries or comments, please contact Callista directly for questions about our programs.

Lost & Found

All items left in the studios will be put into a “lost and found” box at the end of each class (one in each studio). The boxes will be emptied at the end of each term and unclaimed items will either be donated or thrown out. A photo of the lost and found items will be posted to our facebook group periodically.

Class Cancellations

Classes are cancelled on statutory holidays, but follow a regular schedule when schools are closed for PD days, etc. If you are unsure, please check our facebook page or call the message centre 902-628-6128. This is also the number to contact once we get into winter storm situations. In those instances, we are not necessarily cancelled when schools are closed. A decision is made by 1:00 p.m. (8:00 a.m. on Saturdays), and the outgoing voice mail is updated. Please use the phone rather than email; in the event of a power outage we can always update the voice mail, but not the email!

Covid-19 Regulations

Confederation Centre of the Arts follows the current provincial guidelines for covid-19, for information on current provincial guidelines please visit: <https://www.princeedwardisland.ca/en/covid19> . We encourage the use of masks in our spaces to prevent the spread of covid-19 and ask that students showing symptoms of covid-19 get themselves tested before attending classes. Students who test negative for covid-19, but who are ill, are asked to wear a mask while symptomatic (cough, sneeze, sore throat, etc..) to avoid the spread of illness. Please note that masks are mandatory for the Drama/Voice portion of our Musical Theatre program as students practice their vocal projection in close contact to others, their instructor may allow them to remove their masks when safe and appropriate.